

Iron Rose Sister Ministries Bible Studies Format for books written by Michelle J. Goff

The Iron Rose Sister Ministries (IRSM) Bible Studies are designed for a small group context. Even if it were possible for me to give you “all the answers” and share my perspective on the verses and concepts being presented, it cannot be emphasized enough the value of fellowship, discussion, and prayer with other Christian sisters! The format of the IRSM Bible Studies allows for greater discussion, depth of insight, and sharing of unique perspectives. If you don’t follow the book exactly, that’s ok! You are invited to make the studies your own, to allow the Spirit to lead, and to treat the studies as a guide and a resource, not a script.

The IRSM Bible Studies also provide the opportunity for spiritual journaling on a personal level by making note of the date you complete each chapter and by adding notes in the margins, in addition to answering the questions.

The ‘Common Threads’ (pictured below) will also allow you to chronicle your personal growth individually and in communion with your Iron Rose Sisters. Using the image of the rose and the IRSM logo, the bloom of the rose represents areas we come to recognize in which we long to grow. Through these studies, we can also identify thorns we’d like to work on removing or need help to remove. They may be thorns like Paul’s (2 Cor. 12:7-10), but by identifying them; we can know where they are and either dull them or stop sticking others and ourselves with them. The final Common Thread is the iron, which is best defined and facilitated in communion with other Christian sisters, Iron Rose Sisters.

Common Threads in IRSM Studies



*how you'd like
to grow and bloom*



*a thorn you'd
like to remove*



*an area in which you are striving
to dig deeper or need to have
someone hold you accountable*

What is an Iron Rose Sister?

An Iron Rose Sister is a Christian sister who serves as iron sharpening iron (Prov. 27:17), encouraging and inspiring others to be as beautiful as a rose in spite of a few thorns.

Purposes of Iron Rose Sister Relationships:

- Encouragement and inspiration
- Prayer
- Understanding and affirmation
- Confidentiality
- Spiritual audit (IRS = Iron Rose Sister)
- Mutual call to holy living
- Spiritual friendship and conversation

Recommendations for Iron Rose Sister Ministries Bible Studies:

- Allow for an hour to an hour and a half meeting time weekly.
 - We're women—we like to talk!
 - Prayer time
 - Depth of conversation and discussion
- Rotate facilitating the weekly discussion among EACH of the women.
 - Everyone can lead!
 - Everyone will grow!
 - Additional suggestions and recommendations are found in the *Facilitator's Guide*
- Commit to reading the chapter ahead of time.
 - The discussion will be richer and deeper if everyone comes prepared.
 - How much you put in will be directly proportional to how much you get out.
 - You will need to do these studies with your favorite Bible in hand.
 - All verses, unless otherwise noted, are quoted from the English Standard Version (ESV).
- Follow up with each other during the week.
 - Prayer
 - Encouragement
 - 'Common Threads'



The IRSM logo designation is used to highlight questions that lend themselves to good group discussion: ice-breakers, questions for depth of insight or additional perspectives, and areas for growth and sharing.