Iron Rose Sister MINISTRIES
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Top Twelve Topics for Iron Rose Sister Ministries Conferences

Possible topics are listed alphabetically and are designed to be presented as the exclusive theme for a one-day or weekend conference (2-5 classes per theme with paired small-group discussions for each class). In addition to our founder, **Michelle J. Goff,** there are **other featured IRSM Speakers** who have been equipped to teach on these topics—sometimes in tandem with Michelle and, at other times, on their own. *(This is not an exhaustive list. Topics more directly related to each of the books Michelle has written are also available.)*

1. All In! (Col 3:17) Through a study of the book of Colossians, we learn about the fullness of life in Christ—the All In, Sold Out, Thankful Life; Throwing Off what Hinders; and Living, Loving and Serving with Abandon.

2. An Attitude of Rest (Ps 46:10) With the many demands on our time and attention, it can be challenging to maintain a quiet spirit or a spirit of rest. While we are not still subject to the command to keep the Sabbath day holy, God does invite us into an attitude of rest as we trust in Him.

3. Delight! (Ps 37:4, Zep 3:17) – God delights Himself in us, and when we delight ourselves in Him, He promises to give us the desires of our heart. We will explore what this means and the true meaning of delight, not as the world describes.

4. Falling in Love with Jesus (Jn 15:9) – There is no greater joy than as the bride of Christ, bathed in His love. Will take a fresh look at what it means to love—how God demonstrates His love for us, and how we can express love to Him and to others. It is easy to abandon our first love, but God gives us hope and guidance to fall back in love with Jesus.

5. Knowing the Great I AM (Ex 3:14-15; Jn 8:58) We get to know God when we know His name and recognize eternal qualities. And by keeping our eyes fixed on Him, everything else is put in its proper perspective.

6. Refined and Redefined (Jer 18:1-4) – God is the Potter. We are the clay. We will explore what it means to be refined and redefined as an individual, as a family, and as a church and how this cannot happen without repentance and submission to our Sovereign God.

7. Single and Lovin' It, Mostly (1Co 7:34) Singleness is a gift and a blessing, but one that is often misunderstood in churches and the world. Through personal experience, wisdom from Scripture, and the input of many other single women, we explore how to be complete and content, singly with God.

8. Sisters Connected in Christ (Mt 22:36-40, Heb 12:2) – With Christ at the center of our relationships as Christian sisters, we can grow in our relationships with God and one another. We can also gain a deeper understanding of what it means to be a Christian sister to each other (accountability, mentoring, encouragement, etc.).

9. Standing at the Crossroads (Jer 6:16-17) When faced with a decision, it is vital that we ask for the ancient paths, the good way, that we listen to God's answer, and then walk with Him in it. Guided by this Old Testament text, we discover the New Testament truths and everyday application of keeping our eyes fixed on Jesus, finding "rest for our souls" today and eternally with Him.

10. Unashamedly Unveiled (Ro 1:16-17; 2Co 3:18) Whether God feels veiled or the unveiling needs to happen in one's own life, we are all invited to live unashamedly unveiled before God and others. We need not be ashamed of the gospel, nor of its transforming power in our lives. God models an unveiling throughout the Bible and ushers us into a life of unveiled faces as unashamed vessels.

11. Victorious and Joyful in Battle (Ps 20) – Using Psalm 20 as a springboard, we will walk through practical ways to be victorious and joyful in the everyday battles we all face. This also includes a biblical perspective on depression and discouragement.

12. Women's Spiritual Health (Mk 12:30) – Physical, mental, emotional, and spiritual health are interconnected. God teaches us through Scripture how to become more spiritually healthy while also addressing the other facets of our health.

Suggested Format (small groups)

Small groups are where transformation takes place. Lessons become personal and practical. Accountability is encouraged. Women are reminded that they are not alone in their struggles. Prayer is emphasized.

At all Iron Rose Sister Ministries events, we facilitate a time in small groups after each session. Guided discussion questions are provided that pertain to the previous lesson and take the teaching a step deeper, connecting us to God and one another.